



**FOOTHILL HIGH SCHOOL**

**HOME OF THE "COUGARS"**

**TRACK & FIELD SCHEDULE**

**2010**

Day	Date		Opponent	Place	Time
Sat.	March 13		Vegetable Relays**	Foothill	9:30
Fri.	March 19	+	North State Relays**	CSU	11:00
Wed.	March 24		Central Valley**	Foothill	3:00
Fri.	March 26	+	Eagle Classic Relays**	West Valley	1:00
Wed.	March 31		Red Bluff*	Foothill	3:00
Sat.	April 3	+	Hornet Invite**	Enterprise	9:00
*****4/5 to 4/12*****Spring Break*****					
Wed.	April 14		OHS/EHS*	Foothill	3:00
Sat.	April 17	+	John Frank Invite**	Central Valley	10:00
Wed.	April 21		FHS/PVHS*	Paradise	3:00
Fri.	April 23	+	West Valley/Chico Invitational**	Chico State	12:00
Wed.	April 28		CHS/FHS*	Red Bluff	3:00
Sat.	May 1	+	Sacramento Meet Of Champions**	Sacramento	11:00
Wed.	May 5		Shasta*	Foothill	3:00
Fri.	May 7	+	Sweet Elite**	Foothill	5:00
Fri.	May 14		EAL League***	Enterprise	1:00
Fri.	May 21	+	NSCIF Div. 1***	Enterprise	10:00
Fri.	May 28	+	NSCIF Championship***	West Valley	4:00
Fri-Sat.	June 4-5	+	State Championship***	Fresno	TBD

\*League Meets      \*\*Non-league Meets      \*\*\*Championship Meets  
 +denotes elite squads

Coach: Natalie Hendrickson      Mascot: Cougar  
 Athletic Director: Troy Wellington      Colors: red, silver, black  
 Athletic Administrator: Kevin Greene      Fax: (530)245-2700  
 Principal: Jim Bartow      Phone: (530)547-1700  
 Asst.Coaches: Shasta Christ, Paul Rowe, Tara Meyer, Annette Wilson  
**Revised: 2/8/10**