



Foothill High School
HOME OF THE "COUGARS"
Girls' BASKETBALL 2019-2020

DAY	DATE	OPPONENT	LOCATION	LEVEL	TIME
Th, Fri, Sat	Dec 5-7	Arcata Tourney***	Arcata	Varsity	TBA
F,Sat.	Dec 6-7	West Valley Early Bird***	West Valley	Frosh	TBA
Th,F,Sat	Dec 5-7	River City Invite (Sacramento)***	River City High	F-S	TBA
Mon	Dec. 9	UPREP***	Simpson Univ.	F, F-S, Var.	4:30/6:00/7:30
Th.,F.,Sat.	Dec 12-14	Harlan Carter Tourney***	Foothill	F-S/V	TBA
F, Sat.	Dec. 13-14	Nothing But Net Tourney***	Anderson	Frosh	TBA
Th, Fri, Sat	Dec 19-21	Lady Falcon Tourney***	Central Valley	F-S	TBA
Th, Fri, Sat	Dec. 19-21	Tako Memorial Tournament ***	Del Oro	Var.	TBA
Fri-Sat	Dec 27-28	McKinleyville Tourney***	McKinleyville	F-S	TBA
Th, Fri, Sat	Jan 2-4	Lady Hornet Classic	Enterprise	Var	TBA
Fri, Sat.	Jan. 3-4	Jennifer Swenson Tourney***	Foothill	Frosh	TBA
Thursday	Jan. 9	Enterprise*	Enterprise	FG, FB,J VG	4:30/6:00/7:00
Friday	Jan. 10	Enterprise*	Foothill	JVB, VG, VB	4:30/6:00/7:00
Tuesday	Jan. 14	Pleasant Valley*	Foothill	F, F-S, V	4:30/6:00/7:30
Friday	Jan. 17	Red Bluff*	Red Bluff	F, F-S, V	4:30/6:00/7:30
Saturday	Jan. 18	West Valley*** (Think Pink)	Shasta College	FG, FB, JVG JVB, VG, VB	12:00, 1:30, 3:00 4:30, 6:00, 7:30
Tuesday	Jan. 21	Chico*	Chico	F, F-S, V	4:30/6:00/7:30
Thursday	Jan. 23	Shasta*	Foothill	FG, FB, JVG	4:30/6:00/7:30
Friday	Jan. 24	Shasta*	Shasta	JVB, VG, VB	4:30/6:00/7:30
Thursday	Jan. 30	Enterprise*	Foothill	FG, FB, JVG	4:30/6:00/7:30
Friday	Jan. 31	Enterprise*	Enterprise	JVB, VG, VB	4:30/6:00/7:30
Tuesday	Feb 4	Pleasant Valley*	Pleasant Valley	F, F-S, V	4:30/6:00/7:30
Thursday	Feb 6	Red Bluff*	Foothill	F, F-S, V	4:30/6:00/7:30
Tuesday	Feb.11	Chico*	Foothill	F, F-S, V	4:30/6:00/7:30
Thursday	Feb. 13	Shasta*	Shasta	FG, FB, JVG	4:30/6:00/7:30
Friday	Feb. 14	Shasta*	Foothill	JVB, VG, VB	4:30/6:00/7:30
Thursday	Feb. 20	NSCIF Quarter Finals**	TBD	Varsity	7:00
Tuesday	Feb. 25	NSCIF Semi Finals**	TBD	Varsity	7:00
Fri/Sat.	Feb 28/29	NSCIF Championships**	TBD	Varsity	TBD

PRINCIPAL: Steve Abbott
 ATHLETIC DIRECTOR:
 ATHLETIC ADMINISTRATOR: Shawn Anstine

PHONE #: (530)547-1700
 FAX #: (530)245-2700
 LEAGUE: Eastern Athletic-Sac River League

Varsity Coach: Stephanie Ahluwalia
 Frosh-Soph Coach: Layne McLean
 Frosh Coach: Ryan Smith

*League Games **Play-off Games ***Non-League

Revised 11-3-19

Assts: Ron Borges, Buck Thomas, Adam Doelker