



**FOOTHILL HIGH SCHOOL**  
**Home of the "COUGARS"**  
**Girls' BASKETBALL 2022-2023**

<b>DAY</b>	<b>DATE</b>	<b>OPPONENT</b>	<b>LOCATION</b>	<b>LEVEL</b>	<b>TIME</b>
Th, Fri, Sat	Dec 1-3	Arcata Tourney***	Arcata	Varsity	TBA
F,Sat.	Dec 2-3	West Valley Early Bird***	West Valley	Frosh	TBA
Th,F,Sat	Dec 1-3	River City Invite (Sacramento)***	River City High	F-S	TBA
Th.,F.,Sat.	Dec 8-10	Harlan Carter Tourney***	Shasta	F-S/V	TBA
F, Sat.	Dec. 9-10	Nothing But Net Tourney***	Anderson	Frosh	TBA
Th, Fri, Sat	Dec 15-17	Lady Falcon Tourney***	Central Valley	F-S	TBA
Th, Fri, Sat	Dec. 15-17	Tako Memorial Tournament ***	Del Oro	Var.	TBA
Thursday	Dec. 22	Sheldon***	Sacramento	F-S, Var	5:30/7:00
Th, Fri, Sat	Dec 28-30	West Coast Jamboree***	TBA	Var	TBA
Tuesday	Jan. 3	Lassen***	Lassen	F, F-S, Var.	3:30/5:00/6:30
Friday	Jan. 7	Enterprise*	Foothill	F, F-S, V	4:30/6:00/7:30
Tuesday	Jan. 10	Pleasant Valley*	Pleasant Valley*	F, F-S, V	4:30/6:00/7:30
Friday	Jan. 13	Shasta*	Shasta	F, F-S, V	4:30/6:00/7:30
Tuesday	Jan. 17	Chico*	Chico	F, F-S, V	4:30/6:00/7:30
Wednesday	Jan. 18	Corning***	Foothill	F, F-S, V	4:30/6:00/7:30
Thursday	Jan. 19	Red Bluff*	Foothill	FG,FB,JVB	4:30/6:00/7:30
Friday	Jan. 20	Red Bluff*	Red Bluff	JVG, VG, VB	4:30/6:00/7:30
Thursday	Jan. 26	Enterprise*	Enterprise	F, F-S, V	4:30/6:00/7:30
Saturday	Jan. 28	West Valley***	Foothill	FG, FB, JVG	11:00/12:30/2:00
	Jan. 28	West Valley***	Foothill	JVB, VG, VB	3:30/5:00/6:30
Tuesday	Jan. 31	Pleasant Valley*	Foothill	F, F-S, V	4:30/6:00/7:30
Thursday	Feb 2	Shasta*	Foothill	F, F-S, V	4:30/6:00/7:30
Tuesday	Feb 7	Chico*	Foothill	F, F-S, V	4:30/6:00/7:30
Thursday	Feb. 9	Red Bluff*	Red Bluff	FG, FB,JVB	4:30/6:00/7:30
Friday	Feb. 10	Red Bluff* (Senior Night)	Foothill	JVG, VG, VB	4:30/6:00/7:30
Friday	Feb. 17	NSCIF Quarter Finals**	TBD	Varsity	7:00
Wednesday	Feb. 22	NSCIF Semi Finals**	TBD	Varsity	7:00
Fri/Sat.	Feb 24/25	NSCIF Championships**	TBD	Varsity	TBD

PRINCIPAL: Kevin Greene  
 ATHLETIC DIRECTOR: Stephanie Ahluwalia  
 ATHLETIC ADMINISTRATOR: Shawn Anstine

PHONE #: (530)547-1700  
 FAX #: (530)245-2700  
 LEAGUE: Eastern Athletic-Sac River League

**Varsity Coach: Cody Goddard**  
**Frosh-Soph Coach: Mary Phan**  
**Frosh Coach: Layne McLean**

**Assistant: Mike Gray**  
**Assistant: Adam Doelker**  
**Assistant: Katana Martina**

\*League Games

\*\*Play-off Games

\*\*\*Non-League