

Foothill High School

Home of the "Cougars" Cross Country Schedule 2022

Day	Date	Opponent	Location	Time
Friday	September 2	Bill Springhorn Classic***	Shasta College	10:00 AM
Friday	September 9	Las Plumas Invitational***	North Forbay State Recreation	10:00 AM
Friday	September 23	Black Butte Invite***	Orland,Black Butte Lake	12:00 PM
Wednesday	September 28	League Center Meet #1*	Foothill	3:30 PM
Friday	October 7	West Valley Co-Ed Invite***	West Valley	3:30 PM
Wednesday	October 19	League Center Meet #2*	Chico (Hooker Oak)	3:30 PM
Friday	October 28	Trinity Invite***	Weaverville	1:30 PM
Thursday	November 3	League Championship Meet**	Foothill	2:00 PM
Thursday	November 10	NSCIF Championships**	West Valley	2:00 PM
Saturday	November 26	CIF State Championships**	Fresno	TBD

* League

**Championships

***Elite Squad or Non-League

Principal: Kevin Greene

Varsity Coach: Bill Moran

Address: 9733 Deschutes Road

Mascot: Cougar

Athletic Administrator: Shawn Anstine

Assisatant Coach: Angie Rowe

Palo Cedro, CA 96073

Phone: (530) 547-1700

Athletic Director: Stephanie Ahluwalia

Mascot: Cougars

League: Eastern Athletic-Sac River

Revised: 8/3/2022